

Consultancy Work:

A) Dr Shirish Shitole:

1. Resource Psychologist for Daily, Sakal Newspaper in Education (NIE) Project on VISION 2020:

Hon. Dr. A.P.J. Abdul Kalam and his associates have given us a dream of developed India: VISION 2020. Sakal paper, through NIE, wanted to spread this vision among 25000 children from schools across Maharashtra. For this noble cause, I had designed and utilized innovative technique for youth trainers to understand India's current reality and dreaming of their careers in consonance with VISION 2020. They, in turn, used the same technique during training for school children. The response was so overwhelming that Sakal paper had sent the story to Dr. A.P.J. Kalam who was President of India at that time. Kalamji hailed this effort and had given 50 minutes to NIE team during his visit to Pune.

2. Designer of Teaching and Learning Module for UPSC Mains General Studies Paper No. IV- 'Ethics, Integrity and Aptitude' for Jnana Prabodhini, Pune

UPSC has made drastic changes in Civil Services Examination System in 2012. During selection process, apart from knowledge, it has now emphasized on attitudes, aptitudes and motivations of aspirants. A new paper has been introduced which relates to foundational aptitudes for civil services, integrity, professionalism, social and political attitudes and behaviours, emotional intelligence, leadership, teamwork, management of change, work-life balance, decision making dynamics etc. in public service. In this unique paper, questions are open-ended and partly based on case studies. They don't demand information and facts but demand self- reflection. It helps to understand the psychic make-up of candidate.

I have designed the module and delivered workshops in collaboration with effective Class-I officers serving India today (**Details given in Point No. 8A)

3. Resource Psychologist on 'Child and Youth Personality Development Programme', Jnana Prabodhini Institute of Psychology (Pune):

We had taken different personality development exercises and made various observations to prepare integrated profiles of children. The data collected was used for counseling,

research and giving further inputs for growth of children. The duration of project was of Two Years.

4. Resource Psychologist for Young Inspirators Network (YIN) of Daily Sakal:

I have taken workshops on career development and personality development for young inspirators. The workshops were aimed at challenging one's abilities and come out of comfort zone to achieve the peaks.

5. Resource Psychologist on Panel set up by Collectorate Office, Kolhapur and S.S.C. board to prohibit suicide among school children:

This panel was set up to prohibit suicide among students appearing for S.S.C. examinations. I had taken Teachers' training on 'Effective handling of the month before final examination' and 'stress management during final examination'.

6. Psychologist for development of Ahmednagar Education Society's CBSE Model School at Ahmednagar:

As a Resource Psychologist I had played a key role in selection and training of principal and the faculty, designing curriculum of pre-primary education, sensitizing parents about the joy of learning and growth aspects of children. I have also designed competency-based evaluation system for children.

7. Resource Psychologist for ANANDDAYI SHIKSHAN Project, UNICEF executed by Solapur Municipal Corporation:

I had taken trainers' training on understanding aptitudes of students and executing competency based evaluation system.

8. Designer of Teaching and Learning Module for MPSC Mains Psychology Optional Paper for Jnana Prabodhini, Pune

Old MPSC Mains Psychology paper (Optional) was based on fundamental principles of Psychology. I had developed a Module and taken workshops to comprehend concepts and material in Psychology. Before such module, less than thirty students from all over Maharashtra used to take Psychology as an optional because of its difficulty level. The requirement of precision in writing due to solid scientific base was indeed the case.

After the availability of guidance, many students from all over Maharashtra had specially come to Jnana Prabodhini and got Class-I posts in Civil Services due to more marks obtained in Psychology (Optional).

9. Design for 'Effective Classroom Handling' for Nandrekar school, Jaysingpur

I had carried in-depth analysis of teachers' classroom experiences through customized tools and training in communication skills, team work and emotional intelligence was given.

10. Resource psychologist for Zilla Parishad, Kolhapur

I had delivered training on Leadership skills to legislative members of local government for effective public delivery.

11. Trainer for Effective Writing Skills for Journalists in Daily Prabhat, Pune

I had designed various activities based on customized '5C' Mantra (i.e. concept, content, context, creativity and critique) and taken workshops for skills in writing.

12. Head of Pilot Team for development of Adiwasia

BIAF, Pune and European Economic Commission Project was aimed at uplifting 33000 Adiwasia families in five states Above Poverty Line Sustainably and extending the initiative in other part of India.

I was the head of Pilot Team. We had developed Integrated Design of the project. I had stayed in Adivasi areas of Jawhar, Thane and observed and interacted with Adiwasia through Participatory Rural Appraisal Technique to gather socio-eco-psychological data for the design. We had used cluster sampling to make our data representative. After data analysis, we had selected entrepreneurial and employment activities, the economic feasibility of which was decided through forward and backward market linkage. This project was a huge success and replicated in other parts of India.

B) PROFESSIONAL MENTAL HEALTH SERVICE PROVIDED BY PSYCHOLOGY DEPARTMENT: CLIENT RECORD

ACADEMIC YEAR 2021-22

No	Age	Sex	Type of Session	No. of Sessions	Area of Problem/Concern
1	27	F	Telephonic	1	Online relationship and choice of life partner
2	28	F	Telephonic	2	Bullying by boys during college years
3	30	F	Telephonic	1	Childhood Sexual Abuse
4	30	M	Telephonic	1	Personality and career choice
5	33	M	Telephonic	3	Marital adjustment

ACADEMIC YEAR 2022-23

No	Age	Sex	Type of Session	No. of Sessions	Area of Problem/Concern
1	37	M	Face-to-Face	5	Marital Adjustment
2	32	F	Face-to-Face	2	Marital Discord
3	37	F	Face-to-Face	5	Marital Dispute and divorce trauma
4	48	M	Face-to-Face	3	Depressive and Suicidal thoughts
5	33	M	Telephonic	3	Career shifting concerns
6	20	F	Face-to-Face	1	Career counselling
7	21	F	Face-to-Face	2	Career through Competitive Examinations
8	23	M	Face-to-Face	1	Personality-Job fit Career Choice

ACADEMIC YEAR 2023-24

No	Age	Sex	Type of Session	No. of Sessions	Area of Problem/Concern
1	22	F	Face-to-Face and Telephonic	5	Identity crisis of gifted child
2	21	F	Face-to-Face	2	Career Choice
3	40	F	Face-to-Face	3	Marital Dispute and Depressive thoughts
4	24	F	Face-to-Face	3	Marital Dispute and Divorce
5	18	M	Face-to-Face	2	Study planning and Exam preparation
6	32	F	Face-to-Face	1	Marital discord

7	24	M	Face-to-Face	2	Marital Adjustment
8	23	F	Face-to-Face	2	Marital Adjustment
9	52	F	Telephonic	3	Death Anxiety
10	43	F	Face-to-Face	5	Auto immune disease and Post-traumatic Stress
11	24	F	Face-to-Face	2	Study strategy for competitive examinations
12	28	M	Face-to-Face	2	Study strategy for competitive examinations